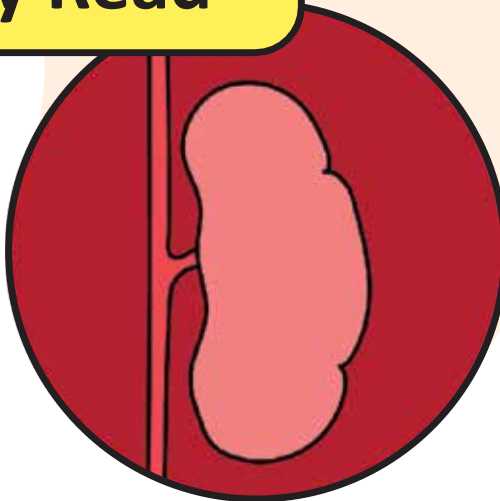


Chronic kidney disease conservative management Information for patients

Easy Read



RUN BY PATIENTS FOR THE BENEFIT OF PATIENTS



HELPLINE **0800 169 09 36**

www.kidney.org.uk

easy read



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.



Conservative management means your kidneys will not get better. Treatment focuses on you and your quality of life.

dialysis



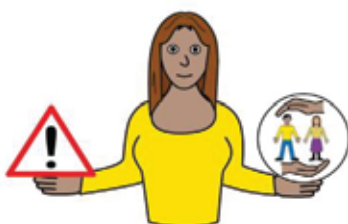
You might not have, or you might stop dialysis.

You might not want to wait for, or be well enough for, a kidney transplant.

about me



risk



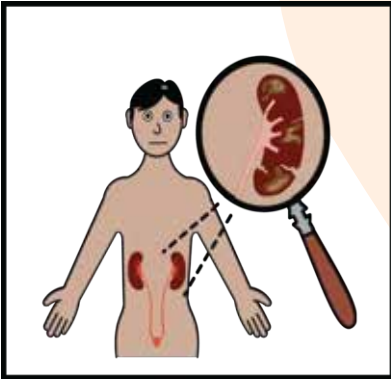
palliative care



You, and your team,
have decided what will
be best for you

With your medical
team you will think
about all the risks and
benefits of the
treatment options.

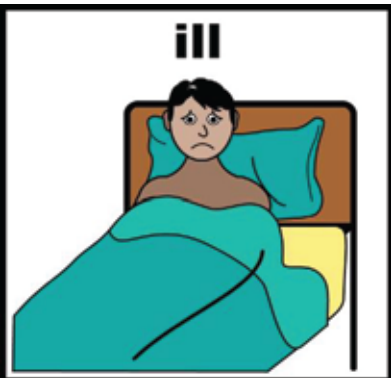
This means your
condition is palliative.
We have other easy
reads to support you.



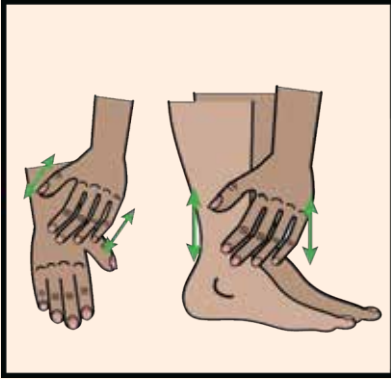
As your kidneys fail you might have symptoms of



Fluid build up around your ankles causing swelling.



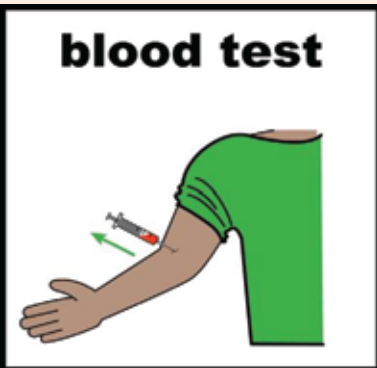
Nausea- feeling sick



You might notice your skin is itchy.



Tiredness



You will have regular blood tests.

medication



The staff team will give you medications to help with any symptoms you are having.



And clinic appointments to check how you are doing.

care planning



They will support you to plan for the future.

Health passport



If you have a Learning Disability it might be useful to complete a Health Passport.

Ask your local team for one.

ask



If you have any question please speak to your team.



Find more in this series online



The National Kidney Federation
The Point, Coach Road
Shireoaks
Worksop
Notts
S81 8BW

Email: helpline@kidney.org.uk

HELPLINE: 0800 169 09 36
(free from UK landlines and mobiles)

Monday – Thursday
08:30 am – 5:00 pm
Friday
08:30 am – 12:30 pm



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A FEDERATION OF MORE THAN FIFTY PATIENT CHARITIES, SUPPORTING KIDNEY PATIENTS & CARERS

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